



To arrange spa appointments, please call the Spa at (772) 678.4211 or spa@floridian.cc

MASSAGES

EUROPEAN MASSAGE (60 Minutes 130 / 90 Minutes 185)

Enjoy the relaxing effects of this European-style massage while improving your circulation, relieving muscle tension, and heightening your sense of well-being.

GOLFER'S MASSAGE 215 (90 Minute Massage Only)

An athletic therapeutic massage for Golfers concentrates on relaxing the back, hamstrings, hip flexors, shoulders, forearms and wrists to create a bigger shoulder turn, better hip & back flexibility, more powerful torque and a higher finish. With the combination of Sports Massage and specific stretches, this massage is a sure way to improve any golfer's game.

HOT STONE THERAPY MASSAGE 200 (90 Minute Massage Only)

Experience the sensation of ultra-smooth stones and healing touch while heat deeply penetrates the muscle and eases you into a complete state of deep relaxation. Discover peace and balance through the sumptuous combination of warm stone and massage.

AROMATHERAPY MASSAGE (60 Minutes 140 / 90 Minutes 200)

Personalize your massage with a customized aromatherapy blend to awaken your senses. Design a fusion of essential oils and enjoy the healing properties and benefits that naturally relax, soothe, and uplift.

DEEP TISSUE MASSAGE (60 Minutes 150 / 90 Minutes 215)

A deep, therapeutic massage that is both pleasurable and highly beneficial. This massage utilizes flowing techniques to open locked muscles and release toxins. A tension-relieving experience unlike any other.

DUET MASSAGE (60 Minutes 300 / 90 Minutes 440)

Enjoy relaxing with your favorite person in our shared-suite couples massage room.

PRENATAL MASSAGE (60 Minutes 150 / 90 Minutes 215)

Massage therapy during pregnancy (after first trimester) is a wonderful complementary choice for prenatal care. It is a healthy way to reduce stress and promote overall wellness. Massage relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps, headaches and edema (or swelling).

REFLEXOLOGY 140 (60 Minute Massage Only)

An alternative therapeutic method of stimulating the reflex points of the hands and feet, relaxing and rejuvenating each and every part of the body, including the glands and organs.

FACIALS

ORGANIC FACIAL (60 Minutes 150 / 90 Minutes 210)

Designed specifically to combat the adverse effects of environmental toxins on the skin, the synergy of exfoliation, cleansing, steaming, hydration, and extractions gently detoxifies and corrects imbalances for a radiant complexion. This individualized indulgence includes a facial massage to promote relaxation with deep cleansing customized for your skin type. * Enhance your facial with a specialty peel, mask, or serum upgrade upon request.

THE GENTLEMAN'S FACIAL (60 Minutes 150 / 90 Minutes 210)

This relaxing men's facial will take your skin to the next level. It deeply cleanses, hydrates and smooths your skin, leaving your complexion instantly energized and refreshed. This facial includes a cleanse, facial exfoliation, steam, extraction, facial massage and scalp massage.

Floridian SIGNATURE FACIAL (60 Minutes 180 / 90 Minutes 255)

Relax and enjoy our ultimate facial experience. Your skin is left perfectly hydrated, with improved surface elasticity and a visible reduction of age lines. Your aesthetician will provide an unforgettable facial treatment with serum included. This specialty facial includes a soothing hand or foot massage.

DERMAPLANING FACIAL (90 Minutes 310)

This experience enhances the Floridian Signature Facial by adding dermaplaning. This process will remove soft facial hair that traps dirt and oil and promotes smoother skin. This technique increases the effectiveness of the products and reduces fine lines. You will see immediate results with no downtime.

BACK CLEANSE (60 Minutes 150 / 90 Minutes 215)

Therapy for the back that synchronizes exfoliation with soothing healing. A deep cleanse and relaxing massage removes impurities, restores the skin, and relaxes the mind.

EYE LASH TINT 50

Say goodbye to light lashes and enhance your lash color for a brighter, bolder look.

EYE BROW TINT 30

Enhance your skin and hair with the perfect brow shade. A little color adds so much beauty.

FITNESS

PERSONAL TRAINING (60 Minutes 135)

Whether you simply want to stretch out before your next round of golf or get in a good solid workout, our certified personal trainer can customize your fitness routine to your individual needs. Group lessons are also available.

PRIVATE YOGA (60 Minutes 135)

Experience a low-impact workout that revitalizes the mind, body and soul. Our professional instructor will lead you through a series of breathing exercises, stretches and meditation. Step out of the Spa with a sense of peace and rejuvenation. Group sessions are also available.



HAIR STYLING

WOMAN'S CUT, SHAMPOO & STYLE 75 & UP
SHAMPOO & BLOW DRY 65 & UP
UP-DO 150 & UP

CAVIAR CONDITIONING TREATMENT 50

A re-conditioning treatment that works synergistically to reconstruct distressed hair and restore it to a healthy state. Replenishes moisture and strengthens the hair from the inside while reinforcing and sealing the cuticle. The result is shinier, healthier, more manageable hair.

MAKE-UP APPLICATION 85 & UP

WAXING

Call for a list of available services.

FINISHING TOUCHES

CLASSIC MANICURE 40

This classic manicure soothes away stress and nurtures your hands by smoothing your nails and cuticles into shape. Continue relaxing with a forearm and hand massage and choose your shade of polish to top off your glowing hands.

CLASSIC PEDICURE 65

This classic pedicure begins with a cleansing foot soak in healing essential oils followed by a gentle exfoliation. Your nails are shaped and your cuticles are conditioned then your feet and legs are massaged. Finally your nails are ready for a coat of your favorite nail polish.

GOLFER'S PEDICURE 60

Feet that those who play hard deserve extra attention at the end of the day. This pampering treatment features an exfoliation and foot masque. It also includes an invigorating massage featuring a natural, soothing foot balm. Polish optional.

Floridian PEDICURE 80

Escape with a luxurious enhancement of our classic pedicure. This indulgent and revitalizing therapy is designed to soften and rejuvenate your feet. Enjoy fresh citrus scents of lemons, limes and oranges used to refresh and lighten feet followed by an exfoliation sugar scrub. Then relax your feet in a therapeutic salt soak with a soothing massage. The indulgence continues with nail grooming and expert polish application.

GEL MANICURE 70

This manicure uses a hybrid nail color that brushes on like polish but holds up -so its natural, glossy 'wet look' finish can stay smudge- and chip-free for up to 2 weeks.

GEL PEDICURE 85

Enjoy gorgeous pedicure with no drying time.



GRATUITY is not included in the price of the service. For your convenience gratuity envelopes are available in the locker rooms.

SCHEDULING To secure your desired time at the spa, we kindly request that you make your treatment reservation prior to your arrival. Appointments are subject to availability.

RESCHEDULING/CANCELLATION POLICY In the event of rescheduling/canceling an appointment, please notify the spa by 5pm the evening before your scheduled appointment. Please be advised that you will be charged the full price of your service if you cancel after 5pm the evening before your scheduled appointment time and/or fail to attend.

ARRIVAL TIME To begin your spa experience in a relaxed state, we ask that you arrive 10 minutes prior to your appointment time. Spa robes, slippers, and private lockers are provided for your comfort. Please note that if you should arrive late, your treatment will end as scheduled as a courtesy to the next guest.

COMPLIMENTARY AMENITIES Included with all spa services are access to men's and women's lockers, co-ed steam room/sauna, and a co-ed relaxation lounge.

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